In October of 2023, I was hit by a car while I was biking my usual route. When the driver hit me, they ran over my head first then immediately ran over the rest of my body. The person who hit me, broke everything from the neck down on my left side. I had died for 20 mins and was in a coma for 10 days. Right after this experience, I met God and was reborn. I had a super-fast recovery as I went from being dead to just about fully recovered in a span of 7 months. I had lost 25 pounds of muscle during my recovery and I was down to 180lbs from 205 lbs. I found I became even stronger than before and also began making my own meal preps and have greatly increased my weight and energy, muscle, during my recovery. I'm an example of God's blessing and strength, and love and wanted to share it with the world.