



## **SOUTHERN MUSCLE ASSOCIATION DRUG TESTING POLICY**

The Southern Muscle Association uses urinalysis for banned substance testing at all of our sanctioned bodybuilding and powerlifting shows. The following guidelines must be adhered to in order to prevent disqualification:

- All athletes will be asked to have a sample of their urine collected prior to the show's start.
- There will be a chain of custody established at all testing sites
- Follow directions as provided by the collector
- Athletes are charged \$55.00 per test
- Athletes that have tested negative at another organization's event within the last 90 days by the date of the Southern Muscle Association's show and is verified, will not have to test for that show
- Any athlete that has tested positive at another organization's event is not permitted to compete in a Southern Muscle Association show for 12 consecutive months from date of notification
- Any athlete testing positive at a Southern Muscle Association show will be automatically disqualified and all awards and status will be nullified and all awards will be returned to the Southern Muscle Association's home office. Athletes may only appeal to the Medical Research Officer (MRO) of the drug testing organization. The MRO's decision is final.
- Again, athletes that test positive at a Southern Muscle Association show will be suspended for a period of 12 consecutive months.
- A second positive test after the 12-month suspension will result in a permanent ban from all Southern Muscle Association shows.